

AEDP New England is pleased to present

Restoring Resilience Through AEDP

*Working with Affect, the Body, and Relationship to
Enliven Our Capacities for Healing and Becoming Whole*

with Eileen M. Russell, Ph.D.

Friday, November 14, 2014, 1:00-4:30 pm

Registration 12:30pm

Light refreshments will be served at break.

Location:

The Scottish Rite Masonic Museum and Library

33 Marrett Road, Lexington, MA

(At the intersection of Route 2A and Massachusetts Avenue)

Course Fee: \$75 *10% discount by October 31st*

Walk-in Fee: \$95

Register online: www.aedpinstitute.com

Preregistration is encouraged.

Is resilience even a clinically useful concept for clinicians? Don't we see the people who don't "bounce back?" Is building resilience all just a matter of acquiring skills that were missed along the way? Or might this be a more holistic endeavor that relies on something in the individual (or the system) that is already working on behalf of the self? This seminar will explore a way of understanding resilience that opens our minds and hearts to that resilient partner-in-healing that resides in each of our patients. Through videotape, Dr. Russell will show how the work of AEDP—highlighting affect, the body, and the therapeutic relationship, is focused on restoring resilience from the get-go. Her theory of resilience is detailed in her new book, *Restoring Resilience: Transformative Therapy at Work*, and shows how healing involves a movement from expressions of resilience as resistance to expressions of resilience as transformance, thriving, and flourishing.

Master Class: Saturday, November 15, 9:00am-1:00pm

Registration is limited to 25

Location: 51 Kondazian St, Watertown, MA

Class Fee: \$125

Attendance on Friday and advanced training in AEDP (Immersion, Essential Skills, Cape Cod Institute, or Core Training) are required.

To register, please contact Laurie Hackett at lauriehackett12@gmail.com



Eileen M. Russell, Ph.D. is a clinical psychologist who is Senior Faculty and a founding member of the AEDP Institute. She teaches, trains, and supervises clinicians in AEDP in the New York area and nationally. She has just completed her first book, *Restoring Resilience: Transformative Therapy at Work*. Dr. Russell practices in NYC and Montclair, NJ.

For questions,
or if you require special
accommodations,
please contact:
admin@aedpinstitute.org

3 CEU credits included
CEU information available
online when you register