

AEDP New England is pleased to present

# HEALING SEVERE TRAUMA

*Using Moment to Moment Tracking, Defense Restructuring, Anxiety Regulation and Relational Interventions to Transform Resistance and Access Self at Best*

*with Steve Shapiro, PhD*

**Friday, June 6, 2014, 1:00-4:30 pm**

**Registration 12:30pm**

*Light refreshments will be served at break.*

Location: **Andover Newton Theological School**

Directions: [www.ants.edu](http://www.ants.edu)

Course Fee: \$75 10% discount by May 23rd

Walk-in Fee: \$95

Register online: [www.aedpinstitute.com](http://www.aedpinstitute.com)

*Preregistration is encouraged.*

This training will focus on learning practical tools to track patient material in an active manner, with a particular emphasis on removing barriers to deeper affective work in severely traumatized patients. The goal will be to learn ways to create a safe environment and establish the foundation necessary for accelerating the treatment process in those with low anxiety/affect tolerance and a tendency toward acting out.

Specific techniques will be reviewed such as:

- restructuring defenses, transforming resistance, regulating anxiety and other inhibitory forces
- separating anxiety and defense from expressive core affective phenomena
- encouraging a new and corrective experience
- utilizing the therapy relationship and relational interventions to access underlying healing resources and their associated adaptive action tendencies.

**Master Class: Saturday, June 7, 9:00am-1:00pm**

Registration is limited to 25

Class Fee: \$100

*Attendance on Friday and advanced training in AEDP (Immersion, Essential Skills, Cape Cod Institute, or Core Training) are required.*

To register, please contact Laurie Hackett at

[lauriehackett12@gmail.com](mailto:lauriehackett12@gmail.com)



**Steven S. Shapiro, Ph.D.** is a Senior Faculty Member and founding member of the AEDP Institute. In his full-time private practice in Philadelphia, Dr. Shapiro specializes in personality disorders, adolescents and their families, and psychiatric emergencies. He has been practicing and studying various Experiential Dynamic Therapies including Short-Term Dynamic Psychotherapy (STDP) in mid- 1990's and AEDP since 2003. Dr. Shapiro trains clinicians to use these approaches in individual consultation, training groups, and presentations.

For questions,  
or if you require special  
accommodations,  
please contact:

**Temim Fruchter**  
AEDP Administrator  
[help@aedpinstitute.com](mailto:help@aedpinstitute.com)

3 CEU credits included  
CEU information available  
online when you register